

Menu	30-Aug	31-Aug	1-Sep	2-Sep	3-Sep
Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast - Juice or Fruit. Bread and/or Cereal Milk, fluid (three food groups)</b>		Cinnamon Raisin Bread Blueberries Milk/Soy	Egg patty Whole Wheat Bread Tropical Fruit Milk/Soy	Bagel w/ Cream Cheese Mandarin Oranges Milk/Soy	Cereal peaches Milk/soy
<b>Lunch - Meat and/or alternate. Vegetables and/or fruits. Bread. Butter/Margarine. Milk, fluid whole. Other foods (four food groups)</b>	closed for teacher workday	Spaghetti w/ Meatballs in White Sauce Garden Salad (Sweet Potatoes for younger children) Applesauce Milk/Soy	Dirty Rice w/ Ground Turkey Corn Peas Milk/Soy	Chicken Teriyaki Baby Carrots Rice Pineapple Milk/Soy	Macaroni & Cheese Creamed Spinach Strawberries Milk/Soy
<b>Snack - Milk, juice, fruit, vegetable, bread or cereal (two food groups)</b>		Goldfish Crackers Pears	Bread Sticks Apple	Yogurt Graham Crackers	String Cheese Wheat Crackers

